

# SUNDAY CIRCLE ITINERARY & "OPERATING INSTRUCTIONS"

THE **PURPOSE** OF THE CIRCLES: TO PRACTICE UNITARIAN UNIVERSALIST PRINCIPLES, affirming and promoting especially ...

The inherent worth and dignity of every person

Acceptance of one another and encouragement to spiritual growth

A free and responsible search for truth and meaning

TO ENSURE TRUST AND RESPECT, WE AGREE TO ...

- ♥ Share stories from **our own experience/♥**, stick to the topic, and **speak up** so others can hear!
- ♥ **Share time equitably**, e.g., with average attendance, three (3) minutes per person leaves time for one round in 60 minutes.
- ♥ Reserve the **right not to share ("pass")** and allow others to do the same.
- ♥ **Listen attentively** to each other **without interruption, advice, cross- or side-talk**; (Note: Our purpose is not problem-solving, persuasion, or therapy.)
- ♥ **Accept others' truth** even when it differs from our own.
- ♥ **Honor the confidentiality** of others' stories by not discussing them outside the circle.

The **FACILITATOR** is also a circle participant but with additional responsibilities of guiding the process, ensuring a safe environment for sharing, and watching the clock.

The **PROCESS**:

